



## “40 Items in 40 Days”

### Option 2: Giving Up Stuff

*As a Spiritual Discipline during the season of Lent, you are invited to read the assigned Scripture each day, pray for those in need, then place an item you no longer need in a bag or box. Designate a special area at home to collect these items where you can see your progress each day. After Easter, donate your items to St. Andrews UMC’s Free Yard Sale OR donate them to your favorite local charity (Goodwill, Habitat for Humanity, etc.) If you are donating your items to the Free Yard Sale, please hold your items at home until directed to bring them to the church. Note: The Sundays in Lent are considered “Little Easters” and are not included in the 40 days of Lent.*

Day 1: Ash Wednesday/March 5	Matthew Chapters 1 thru 3
Day 2: March 6	Matthew Chapters 4 thru 6
Day 3: March 7	Matthew Chapters 7 thru 9
Day 4: March 8	Matthew Chapters 10 thru 12
First Sunday of Lent: March 9	“Little Easter” (No Assigned Reading)
Day 5: March 10	Matthew Chapters 13 & 14
Day 6: March 11	Matthew Chapters 15 & 16
Day 7: March 12	Matthew Chapters 17 & 18
Day 8: March 13	Matthew Chapters 19 & 20
Day 9: March 14	Matthew Chapters 21 & 22
Day 10: March 15	Matthew Chapters 23 & 24
Second Sunday of Lent: March 16	“Little Easter” (No Assigned Reading)
Day 11: March 17	Matthew Chapters 25 & 26
Day 12: March 18	Matthew Chapters 27 & 28
Day 13: March 19	Mark Chapters 1 thru 3
Day 14: March 20	Mark Chapters 4 thru 6
Day 15: March 21	Mark Chapters 7 thru 9
Day 16: March 22	Mark Chapters 10 thru 12
Third Sunday of Lent: March 23	“Little Easter” (No Assigned Reading)
Day 17: March 24	Mark Chapters 13 & 14
Day 18: March 25	Mark Chapters 15 & 16
Day 19: March 26	Luke Chapters 1 thru 3
Day 20: March 27	Luke Chapters 4 thru 6
Day 21: March 28	Luke Chapters 7 thru 9
Day 22: March 29	Luke Chapters 10 thru 12
Fourth Sunday of Lent: March 30	“Little Easter” (No Assigned Reading)
Day 23: March 31	Luke Chapters 13 & 14

Day 24: April 1	Luke Chapters 15 & 16
Day 25: April 2	Luke Chapters 17 & 18
Day 26: April 3	Luke Chapters 19 & 20
Day 27: April 4	Luke Chapters 21 & 22
Day 28: April 5	Luke Chapters 23 & 24
Fifth Sunday of Lent: April 6	"Little Easter" (No Assigned Reading)
Day 29: April 7	John Chapters 1 & 2
Day 30: April 8	John Chapters 3 & 4
Day 31: April 9	John Chapters 5 & 6
Day 32: April 10	John Chapters 7 & 8
Day 33: April 11	John Chapters 9 & 10
Day 34: April 12	John Chapters 11 & 12
Palm/Passion Sunday: April 13	"Little Easter" (No Assigned Reading)
Day 35: April 14/Holy Monday	John Chapters 13 & 14
Day 36: April 15/Holy Tuesday	John Chapters 15 & 16
Day 37: April 16/Holy Wednesday	John Chapters 17 & 18
Day 38: April 17/Holy Thursday	John Chapters 19 & 20
Day 39: April 18/Good Friday	John Chapter 21
Day 40: April 19/Holy Saturday	1 Corinthians 15
April 20	ALLELUIA!!! HAPPY EASTER!!!!