



"40 Items in 40 Days"

Option 1: Donating Food

As a Spiritual Discipline during the season of Lent, you are invited to purchase all of the food items from this list in advance and place them in a designated area at home. For each day of Lent, you will read the assigned Scripture, pray for the family who will receive the food you are donating, then place the food item in your tote bag. Return your completed tote bag to church on Easter Sunday to be blessed in worship. Please do not purchase items larger than what is indicated...the bag will be heavy enough already. Note: The Sundays in Lent are considered "Little Easters" and are not included in the 40 days of Lent. On those days, you are invited to pray for the hungry.

Day 1: Ash Wednesday March 5	Matthew Chapters 1 thru 3	Can of Chef Boyardee (any flavor)
Day 2: March 6	Matthew Chapters 4 thru 6	Can of Chef Boyardee (any flavor)
Day 3: March 7	Matthew Chapters 7 thru 9	Can of Soup (any flavor)
Day 4: March 8	Matthew Chapters 10 thru 12	Can of Soup (any flavor)
First Sunday of Lent: March 9	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 5: March 10	Matthew Chapters 13 & 14	Can of Pineapple or Peaches
Day 6: March 11	Matthew Chapters 15 & 16	Can of Pineapple or Peaches
Day 7: March 12	Matthew Chapters 17 & 18	Jar Peanut Butter (18 oz. max.)
Day 8: March 13	Matthew Chapters 19 & 20	Peanut Butter Snack Size 8 count
Day 9: March 14	Matthew Chapters 21 & 22	Squeezable Jelly (20 oz. max)
Day 10: March 15	Matthew Chapters 23 & 24	1 1b. bag of rice
Second Sunday of Lent: March 16	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 11: March 17	Matthew Chapters 25 & 26	8 ct. Granola Bars (any flavor)
Day 12: March 18	Matthew Chapters 27 & 28	8 pk. Box of Instant Oatmeal
Day 13: March 19	Mark Chapters 1 thru 3	8 ct. Fruit & Grain Cereal Bars (any flavor)
Day 14: March 20	Mark Chapters 4 thru 6	Lance Crackers 10 pk. (any flavor)
Day 15: March 21	Mark Chapters 7 thru 9	Rice-a-Roni (any flavor)
Day 16: March 22	Mark Chapters 10 thru 12	Rice-a-Roni (any flavor)
Third Sunday of Lent: March 23	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 17: March 24	Mark Chapters 13 & 14	Box of Mac n' Cheese
Day 18: March 25	Mark Chapters 15 & 16	Box of Mac n' Cheese
Day 19: March 26	Luke Chapters 1 thru 3	Box of Mac 'n Cheese
Day 20: March 27	Luke Chapters 4 thru 6	4 oz. pouch of mashed potatoes
Day 21: March 28	Luke Chapters 7 thru 9	4 oz. pouch of mashed potatoes

Day 22: March 29	Luke Chapters 10 thru 12	4 oz. pouch of mashed potatoes
Fourth Sunday of Lent: March 30	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 23: March 31	Luke Chapters 13 & 14	Pouch of Tuna in Water 2.6 oz.
Day 24: April 1	Luke Chapters 15 & 16	Pouch of Tuna in Water 2.6 oz.
Day 25: April 2	Luke Chapters 17 & 18	Lunch-to-Go Tuna & Crackers
Day 26: April 3	Luke Chapters 19 & 20	Lunch-to-Go Tuna & Crackers
Day 27: April 4	Luke Chapters 21 & 22	Lunch-to-Go Tuna & Crackers
Day 28: April 5	Luke Chapters 23 & 24	Box Brownie Mix
Fifth Sunday of Lent: April 6	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 29: April 7	John Chapters 1 & 2	6 oz. Box of Cherry Jello Gelatin
Day 30: April 8	John Chapters 3 & 4	6 oz. Box of Lime Jello Gelatin
Day 31: April 9	John Chapters 5 & 6	6 pk. Snack Size Raisins
Day 32: April 10	John Chapters 7 & 8	Small Jar Instant Coffee
Day 33: April 11	John Chapters 9 & 10	Toothpaste (any size or brand)
Day 34: April 12	John Chapters 11 & 12	Single Toothbrush
Palm/Passion Sunday: April 13	"Little Easter" (No Assigned Reading)	<i>Say a Prayer for the Hungry</i>
Day 35: April 14/Holy Monday	John Chapters 13 & 14	Single Bar of Soap
Day 36: April 15/Holy Tuesday	John Chapters 15 & 16	Deodorant
Day 37: April 16/Holy Wednesday	John Chapters 17 & 18	Cup of Ramen Noodles (any flavor)
Day 38: April 17/Holy Thursday	John Chapters 19 & 20	Cup of Ramen Noodles (any flavor)
Day 39: April 18/Good Friday	John Chapter 21	Cup of Ramen Noodles (any flavor)
Day 40: April 19/Holy Saturday	1 Corinthians 15	Cup of Ramen Noodles (any flavor)
April 20	ALLELUIA!!! HAPPY EASTER!!!!	<i>Bring Your Tote Bag to Church to be Blessed!</i>